FROM THE PRINCIPAL

School Cleaners’ Day
School Cleaners’ Day was held on Monday 15th June. I would like to take this opportunity to thank all of the hardworking cleaners for the role they play in maintaining a safe, clean and healthy environment at Springwood High. I would also encourage parents to remind students of the necessity to look after the school environment through keeping the grounds free from litter and respecting the facilities such as toilet blocks and drinking taps.

Bangarra Rekindling Program
Congratulations to our Aboriginal and Torres Strait Islander students who successfully trialled and were accepted to participate in the Bangarra Rekindling Program. This program involves students connecting with Elders, engaging in creative tasks to explore movement, music and creative development and will culminate in a public showcase in the 2015 Creative Generations, including being part of the broadcast on Channel Ten. This is a great opportunity for our students and I am sure they will be sensational.

Springwood High Priorities
Our key priorities in 2015/16 are:
- Improving upper two band reading and numeracy in NAPLAN
- Improving overall reading data
- Improving OP 1-15

Staff at Springwood High are focused on the highest expectations and achievement for our students. Key elements for achievement include developing and implementing a hard core improvement agenda, maintaining good order in the school and setting goals and expectations. Aspects of our improvement agenda include:
- Attendance Counts Every Day, ensuring students maximise their learning time,
- Positive Behaviour for Learning, supporting students to make good choices and
- Teaching and learning framework, Art and Science of Teaching, supporting best teaching practice.

A consultation and information session will be organised early in Term 3 for any parents interested in learning more and providing feedback.

Julie-Ann McCullough
PRINCIPAL
Every Wednesday Morning
in H3
7.30am-8.20am

School Breakfast Program

National Collection of Data on School Students with Disability

Collecting data on school students with disability helps teachers, principals and education authorities support the participation of students with disability in schooling on the same basis as students without disability.

All Australian Governments have agreed to work together on the annual collection of data on school students with disability.

Please be reassured that the Department will not provide on to another organisation any data that can identify an individual student. The only data being collected at the school level to be reported nationally is the:

- number of students in the school who are provided with an adjustment to address a disability;
- level of adjustments we provide for those students; and
- broad category of disability.

Consultation with parents is important not only for the data collection but also to ensure you are aware of the adjustments being provided to support your child. We will therefore continue to consult with you.

While only data that cannot identify your child will be submitted outside of the Department, if you do not wish for your child’s details to be included, please let me know.

Information and fact sheets are available to help you make a decision from the: Department’s website: http://education.qld.gov.au/curriculum/disability-data-collection.html
Alternatively, if you have any queries about the collection or use of this data I encourage you to contact me directly.

Julie-Ann McCullough
Principal

Brisbane Kokoda Challenge

The Kokoda Challenges are team endurance events that require teams of four students and a staff member to hike over a gruelling cross-country course that is designed to replicate the Kokoda Track in Papua-New Guinea. Following last year’s success, Springwood entered teams in both the Gold Coast and Brisbane events, with the idea of entering junior teams in the shorter Brisbane events and senior teams in the Gold Coast challenges.

On 31st May 2015, our two junior teams (with a few senior ring-ins) completed the 15km and 30km Brisbane Kokoda Challenge events in 3 hours 31 minutes and 7 hours 16 minutes, respectively. This was a great effort from the two teams and the just reward for the time that they invested in training and preparation since March this year.

Congratulations to Mrs Hutson, Katelyn McCallum (Yr11), Monique Wells, Ericka Andrews and Frazer Sgiarovello (Yr7) for successfully completing the 15km challenge, and to Cameron Crowley, Sreya Singh (Yr11), Kaitlyn-Renee Osborn (Yr9) and Caitlyn Crowley (Yr7) for successfully completing the 30km challenge.

Thank you to Katelyn McCallum, Sreya Singh and Cameron Crowley for stepping in to support our junior students. These students will now return to their preparations for the Gold Coast Kokoda Challenge in which Sreya and Katelyn will be completing the 48km course, while Cameron and his team will complete a massive 96km in under 39 hours.

Students participating in the Kokoda Challenge are helping to raise funds for the Kokoda Youth Foundation. Our participating students are required to achieve fundraising targets in order to participate in these events. If you would like to support our students with a tax-deductible donation, please contact Mr Baker at sbake137@eq.edu.au.

The school Newsletter will be emailed to parents/guardians. If you would like to receive the newsletter via email please complete the form below and we will email the newsletter to you. However, if you do not have an email address you will still be able to obtain a paper copy of the newsletter. Simply ask your son/daughter to collect the monthly school newsletter from the Student Reception.

By printing this page you have acknowledged that you have read and understood the information contained in this newsletter.

Student Name............................................................ Parent’s Name.............................................................

Email Address..............................................................................................................................................

(Please print)
Year 7 and 8 Parents’ Afternoon Tea

To all Parents and Carers of Year 7 and 8 students

We would like to invite you to monthly afternoon teas with the Guidance Officer, Kerrie Job and other support staff.

We will meet in the Guidance area to share our wisdom and learn from each other’s experience and knowledge.

**When:** Thursdays 1.30pm-2.30pm once a month

**Dates:**
- 25th June
- 30th July
- 27th August
- 18th September
- 22nd October
- 19th November

**Where:** Guidance Area

**Who:** Kerrie (GO) and available Support Staff and Admin

**What:**
- Suggested topics but we can be flexible;
- 1. What we are already doing well as parents in supporting our teenagers
- 2. Stress of parenting
- 3. What makes teenagers tick
- 4. How to build our teenagers’ resilience
- 5. How to help our teenagers become independent while still staying connected
- 6. How to speak so teenagers will listen
- 7. Creating and maintaining a strong family bond

All topics will include the theme of how parents and the school can work together for the best results.

RSVP—Please contact Kerrie Job (Guidance Officer) by email kjob2@eq.edu.au if you would like to attend.

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**Asthma? Allergies? Ask the Experts!**

Asthma Foundation Queensland is hosting an ‘Ask the Expert’ session for parents of children with asthma or allergies.

The session will provide parents with the invaluable opportunity to learn more about their child’s asthma or allergies, and to have their questions answered by experts in the field.

Details for the session are below:

**Date:** Wednesday 29th July

**Time:** 6:30pm—8:00pm

**Venue:** Meeting Room
- Carina Leagues Club
- 1390 Creek Road
- Carina QLD 4152

**Cost:** **FREE**

Registrations can be made online at asthmaaustralia.org.au or by phoning 1800 ASTHMA (1800 278 462). Registration includes a ‘goodie’ bag and light refreshments.
P & C Meetings
New and continuing parents and community members are invited to attend the P & C meetings held on the 3rd Tuesday of the month (unless otherwise advertised). P&C Meetings begin at 6:30pm and are usually completed in an about an hour depending on the items being discussed. Please join us, have a say in decisions and be informed on what is happening in your school. Hope to see you there!

Meeting dates: July 21, Sept 15, Oct 20 and Nov 17.

Canteen Help Wanted
With the introduction of EFTPOS there is a greater need for volunteers in the canteen especially during first break at 11am. If you would like to help out in the canteen, your help would be greatly appreciated! Please phone Judy and Julie in the canteen on 33806139 and they will be happy to help you out with a time/s and day/s to help.

P & C Uniform Shop Update
1. After much discussion - the Uniform Shop is closing at end of Term 3. Friday 11th September will be the last trading day.
2. Our Springwood SHS uniforms will be sold directly through our supplier Gazone from Thursday 1st October – ready for the beginning of Term 4. Address details will be advised in Term 3.
3. Want to order uniforms for 2016? Order forms will need to be printed in Term 4 from the school website/newsletter and be returned to the school administration office by 20 November 2015.
4. Special design orders catering for authorised religious or cultural reasons will need to be ordered by the beginning of November.
5. Gazone aims to be open all year for purchasing uniforms, however they will advise their opening times and any changes to their hours as needed during the year.
6. Gazone’s new location in Underwood will allow for safe, off street parking opposite the business.
7. Price rises – The current prices of the school uniform items have been in place since 2008/2009. Beginning Term 4, there will be a small price rise on most uniforms items. We aim to ensure prices are kept as low as possible so all students can be wearing the correct school uniform all the time.
8. Second hand uniforms currently in the uniform shop that are not sold will be passed on to the school Chaplain for students in need, unless collected by the selling families prior to Friday 11th September 2015. As of this time second hand uniforms will no longer be sold.
9. As students outgrow uniforms or leave Year 12 – donations of these second hand uniforms to the school’s Chaplain will be very welcome.

Please keep reading the school newsletter and website for updates on the uniforms shop changes. A new price list will take effect from 1st October 2015 and this will be available on the school’s website from 11th September.
Is your child’s schoolbag causing back pain?

Many back problems experienced by adults originate in their youth. An estimated 80% of adults will suffer at least one episode of low back pain for a period of two weeks or greater. A recent Australian study reported an overall prevalence of low back pain in 57% of adolescents aged between 12 and 19 years of age. There are many causes of back pain, and for children and adolescents the most common is incorrect use of school bags or by using inappropriate bags.

The schoolbag and the way, in which it is worn, will influence the incidence of low back pain. Gender, age, sport and previous back injury will also affect the incidence of low back pain. 68.8% of children had back pain when bags were carried by hand. 53.3% who carried their bags over one shoulder and 45% who carried bags over both shoulders and the upper back all reported low back pain. As you can see there is almost 25% increased chance of low back pain if the bag is not correctly worn.

Features of a good school bag and hints for proper use:

- Shoulder straps that are broad, padded and adjustable.
- Backpack style for even weight distribution over shoulders.
- Bag weight (including books and materials) should not exceed 10% of the child’s body weight.
- Bag worn straight with top of bag at shoulder height (not too low)
- Width of bag not to exceed chest width.
- Lowest point of bag to sit no lower than hollow of low back
- Heavy items to bottom of bag.
- Bag surface in contact with child’s back to be padded and stiff.
- Waist straps keep bag firmly on spine and distribute weight evenly onto hips.

Proper use of the correct school bag may reduce the incidence of spinal damage by nearly 25%. Give your back every chance of remaining healthy and undamaged.

Good Health – Michelle the school based youth health nurse.
University Open Days and Career Expos 2015

University Open Days

**Australian Catholic University**
Brisbane: Saturday, 25 July 2015
9am - 2pm

**Bond University**
Gold Coast: Saturday, 25 July 2015
2pm - 6pm

**Christian Heritage College**
Brisbane: Saturday, 22 August 2015
9am - 2pm

**CQUniversity Australia**
Brisbane: Thursday, 20 August 2015
2pm - 6pm

**Griffith University**
Gold Coast: Sunday, 26 July 2015
Nathan and South Bank: Sunday, 9 August 2015

**Queensland University of Technology**
Gardens Point: Sunday, 26 July 2015
9am - 3pm
Caboolture: Sunday, 16 August 2015
9am - 2pm

**The University of Queensland**
St Lucia: Sunday, 2 August 2015
9am - 3pm
Gatton: Sunday, 16 August 2015
9:30am - 3pm

**University of Southern Queensland**
Fraser Coast: Sunday, 2 August 2015
10am - 1pm
Ipswich: Sunday, 9 August 2015
10am - 2pm
Toowoomba: Sunday, 16 August 2015
10am - 2pm
Springfield: Sunday, 23 August 2015
10am - 2pm

**University of Sunshine Coast**
Sippy Downs: Sunday, 9 August 2015
10am - 2pm

Career Expos

**Tertiary Studies Expo (TSXPO)***
Royal ICC, RNA Showgrounds, Brisbane
Saturday, 18 & Sunday, 19 July 2015
10am - 4pm

**Sunshine Coast Daily Careers Expo**
USC Sports Stadium, Sippy Downs
Tuesday, 21 July 2015
10am - 2pm & 4pm - 7pm

Please see the Guidance Officers, Mrs Flint or Ms Job for further information or assistance.

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**ARMY COMBAT AND SECURITY ROLES INFORMATION SESSION**

You'll be part of one of the world's most advanced military forces, and help to identify threats from a variety of unexpected sources. But it's not all combat; you'll also support peacekeeping, humanitarian assistance and disaster relief operations in Australia and around the world.

State of the art hardware, awesome firepower and life changing experiences. This is an adventure most people can only dream of.

To learn more, attend an Australian Defence Force Careers Information Session.

**When:** Tuesday, 23 June 2015
**Time:** 6:00pm
**Where:** Defence Force Recruiting, Level 11, 395 Ann Street, Brisbane QLD

To RSVP please call 13 19 01 or email cptsqld@df.defence.gov.au

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**DEFENCE FORCE RECRUITING**

Invites you to attend the

**Women in Defence Information Session**

Hosted by the

**Women in Defence Specialist Recruiting Team**

This information session will provide an excellent opportunity to engage with currently serving females from the Australian Defence Force and discuss not only the recruiting process, but also life in the Australian Defence Force as a female.

The Women in Defence team will be able to provide valuable information to help you through the recruiting process and into a rewarding career in the Australian Defence Force.

**When:** Monday, 22 June 2015
**Time:** 6pm
**Where:** Defence Force Recruiting, Level 11, 395 Ann Street, Brisbane QLD

To RSVP please call 13 19 01 or email wid@df.defence.gov.au

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[Image: A photograph of two women, possibly related to the Defence Force recruiting information session.]
INTERNET BANKING

Springwood State High School General account
BSB: 064—170
Account Number: 0009094

Please record both STUDENT NAME and a reference or EQ ID number as to what the payment is for in the payment reference section so that your payment can be recorded correctly. If insufficient details are supplied, payments will be applied to the oldest debt for that family.

PAYMENT DAYS

TUESDAY
WEDNESDAY
THURSDAY
8am—12.00noon

HAVE YOU MOVED?
If you have moved, changed jobs, changed your telephone number (including mobile) or if your emergency contacts have had any changes to their contact details we need to know. Please send a note to the office with your child or phone the office on 3380 6111 to let us know of any changes.

MEDICATION
Just a reminder that if your child needs to take medication of any kind while at school we can only administer prescription medication. This medication needs to be in the original box/container with the chemist label adhered to it. Students are not permitted to hold medication of any kind in their bag. All medication must be brought to the office, authorisation forms filled out and signed by parent, guardian and students then come to the office for staff to administer the medication. Should you have any queries please don’t hesitate to contact the office.

MOBILE PHONES AT SCHOOL
Students are to be reminded that it is at their own risk if they choose to bring a mobile phone to school. It is understood that some students have a mobile phone for safety purposes whilst travelling to and from school, however, it is this school’s policy that phones are to be switch off and out of sight during lesson times. If a mobile phone is used during class time, then the teacher may take the action of confiscating the phone until the end of day. Students are encouraged to hand their mobile phone in to the office for safe keeping during the school day.

A reminder to students that the laptops are the property of The Department of Education and Training. It is the student’s responsibility to take care of the laptops.

General precautions are:
- Food or drinks should never be placed near the device.
- Plugs, cords and cables should be inserted and removed carefully.
- Devices should be carried within their protective case.
- Devices should never be carried with the screen open.
- Ensure the battery is fully charged each day.
- Turn the laptop off before placing it in its bag.
- Do not graffiti or deface the laptop or bag, this includes no writing on protective case.
- Do not put stickers on the laptop.

The $90 fee for the laptop is an annual resource fee and subject to change. As per the Laptop agreement, students who complete their schooling or transfer from school must return the laptop to the school or the school will initiate recovery procedures. If the Laptop is not returned in the condition it was loaned to the student, reimbursement will be sought. Laptops must be returned to the school I.T. Department prior to the completion of each school year for annual software updates.

INTERNET BANKING

Springwood State High School General account
BSB: 064—170
Account Number: 0009094

Student Accounts
Telephone: 3380 6167
or
Email: payments@springwosh.eq.edu.au

STUDENT ABSENTEE LINE
Telephone: 3380 6103
or
Email absences to:
attendance@springwosh.eq.edu.au

IMPORTANT INFORMATION

RE: NATIONAL SECONDARY SCHOOLS COMPUTER FUND - STUDENT LAPTOPS

Student Accounts
Telephone: 3380 6167
or
Email: payments@springwosh.eq.edu.au
Chappy News...

Hello, I hope everyone is well and having a great 2015. As you read through the newsletter you will see the Chappy happenings of 2015.

*Chappy Office/Lunch feed
*Chappy week – Logan Dinner coming up in June
*K54KIDS 10 km walk on the Gold Coast
*GYM – Growing Young Men
*REFLECTIONS for Girls

My Chappy DAYS:
My days have been dropped back to 3 days due to lack of funding as of term 2, so my days are Tuesday, Wednesday, Thursday as Chaplain and on Monday’s I am the school Youth Support Coordinator.

Breakfast program:
Breakfast is run well this term, we run Wednesday mornings. A ‘HUGE’ Thank you goes to our school Parents and Citizens Association for sponsoring our program.

Uniforms:
This year Chaplaincy has been handing out uniforms to our students. The F & C donated winter jackets to Chaplaincy to give to the school community that were well received by students who needed one.

Year 7 & 8 camp:
In March I went on year 7 & 8 camp to CYC Burleigh Head. It was a great time for getting to know the new students and we had a wonderful time of activities and fun.

CHAPPY WEEK
we did Pancake breakfast at Brekkie Club and this year again we participated in K54KIDS our annual Scripture Union fundraising walk for kids on the Gold Coast. I had support from staff at school and students. Including former students who still love to come back and support the Chaplaincy service. Thank you to everyone who came and to all who helped out fundraising. It was an enjoyable Chapppy week.

COMMUNITY INVOLVEMENT
Under 8’s day
I went to Springwood Road primary school for under 8’s day were the students got to ice their own cup cake. It was a great morning. Thank you to all the senior students who came to help me and serve.

JCBMX crew came into school for Chapppy week and did a “Positive Life Choices” chat with a BMX bike demo. It was well received by the students and staff. I must shout out a Thank you to the business man on Mount Tamborine who sponsored the event for me (750). (You know who you are.)

96.5 Radio: were at Springwood Road Primary this term and I went down for the morning and got to hang out with Chapppy Melinda and some of the little people, met Romeo the Radio dog. It was a fun morning.

STILL NEEDED!!!
Purchasing of food products to donate in 2015 such as: peppers, macerl bars (no nuts), fruit cups. chicken noodle (In the cups from Aldi), long life milk (Devondale brand)

If you can help out by purchasing any of these items please drop them to the administration office at school and tell ladies that you are dropping off for the Chapppy.

Games Pad:
When the students are keen we open up the room beside my office and have board games we often have a competition Table tennis match happening as well.
Donor support...
If anyone would like to donate to this service please contact SU QLD on 3112 6400, ask for donation or you can go to the web address www.suqld.org.au and follow the link to donate online.

Please ensure you put our school, Springfield State High on the "donate to part". or feel free to fill in the form attached and send it to SU QLD or you can send it into me at school.

School Chaplaincy Snapshot:
You will see I have put in my newsletter a School Chaplaincy Snapshot from Scripture Union. They have put it together to give insight into Chaplaincy throughout Queensland. I hope you find it useful.

Blessings
Karin Weston chaplain

That's that for now...
Thank you to all the donors and families who support the Chaplaincy service.
I look forward to the rest of this term and the year ahead.

I will send out another newsletter later in the year.
If anyone would like to drop in and say hi please don't hesitate to call. My office number is 3380 6160 or mobile 0475 931 390.

On a personal note:
I and my family are doing well. Later this year, Grandbaby number 3 arrives so looking forward to that.

ISEE CARE... Provides our food hampers for families who may need a hand with food. Thank you so much to ISEE Care, Fr. Chris Brown and team for all the awesome work you do to support Chaplaincy and our school community.

Other activities:
One of our former students Tegan Gillespie has been coming into school and doing "Art Attack" in my office with some of our students. Below is a picture of her art work.

springfield state high school
How secure is your vehicle?

Logan District Police would like to advise that there has been an increase in the number of cars being stolen and/or broken into within our district. Disturbingly, in a large number of cases the vehicles were not locked.

While Logan Police have implemented a number of strategies to reduce these offences, we need your help.

There are a few simple things that you can do to reduce the likelihood of having your vehicle and/or valuables stolen. Motorists are reminded to:

- Always lock your vehicle and remember to fully close the windows regardless of where you are parked and regard less of how long you are leaving your vehicle unattended.
- Wherever possible use off street parking or secure parking.
- Park your vehicle in well-lit and highly visible areas, e.g. near shopping centre entrances and high pedestrian traffic areas.
- Remove the keys from the ignition if your vehicle is parked or unattended - even if only for a minute.
- Don’t hide spare keys on or in the vehicle.
- Take your vehicle keys with you when you are going out, even if you are leaving your vehicle at home.
- Don’t leave your vehicle keys lying around on tables, benches, bedside tables or key hooks - keep them out of sight.
- When parking in your garage, ensure both the garage and vehicle are locked and the garage remote is secured.
- For older vehicles install an engine immobiliser that meets Australian Standards A4501:1999.
- Secure your vehicle registration plates, e.g. affix with one way screws.
- Remove, or place out of sight, all valuables and personal documents when leaving your car unattended.
- Please report any suspicious behaviour to your local police, policeLink 131444 or contact Crimestoppers on 1800 333 000.
Dear Principal,

I would like to take this opportunity to invite your school community to attend the 11th annual CareersExpo, TSXPO, which will be staged in a new location at the Brisbane Showground. We are very excited to host the event at the ICC, a new venue for the TSXPO, which will be rebranded as "Shane's Big Bash Movement." The event will be held on Saturday and Sunday, 18 & 19 July 2015, from 10am to 4pm both days. Admission is FREE!

Exhibitors include:
- Universities from around Australia & overseas
- Employers
- Professional Associations
- Apprentices & Trainees Providers
- Government agencies
- Private Education Colleges

We would like to extend an invitation to your school to participate in the TSXPO. The event is open to all students and employers. We would like to take this opportunity to promote this event to your school community and encourage your students to attend.

If you are interested in attending the TSXPO, please contact us at info@tsxpo.com.au or phone 0412 345 678.

Yours in Education,

[Signature]
Start collecting for your school now

The Woolworths Earn & Learn program gives Schools and Early Learning Centres around Australia the chance to earn new educational resources.

Make a difference for your local school
- Simply shop at Woolworths and you will receive one Woolworths Earn & Learn Sticker for every $10 spent.*
- Stick the Woolworths Stickers onto the Woolworths Earn & Learn Sticker Sheet inside.
- Once it’s complete, pop it into a Collection Box at your school or local store. You can download more Woolworths Earn & Learn Sticker Sheets from our website woolworths.com.au/earnandlearn

*Including sales, rebates, credits and discounts

Last year more than 14,500 schools and Early Learning Centres benefited from the program, boosting supplies in classrooms, libraries, music rooms, gymnasiums and science labs.

It’s easy to earn valuable resources to help your local school. So start collecting your Woolworths Earn & Learn Stickers today.

Go to woolworths.com.au/earnandlearn for more information, terms and conditions and answers to frequently asked questions.

My Woolworths Earn & Learn Stickers
Stick Woolworths Earn & Learn Stickers in the squares below, then drop your completed Sticker Sheet into the Collection Box at your school or your local Woolworths. They will be redeemed for educational resources.