SPRINGWOOD HIGHLIGHTS

Our vision: The highest expectations

Five Platforms: Academic Excellence, Student Wellbeing, Community, Sport and the Arts, Pathways

FROM THE PRINCIPAL

Facilities
This year, Springwood State High School and the department are prioritising the refurbishment and upgrades to some of our facilities. Our Flying Start, Year 7 transition to high school facilities upgrade is to commence this term with an entire block to be refurbished along with new furniture to enable a focus to deliver our Junior School Plan. The school will also be upgrading our common room and administration entry, our gardens and surrounds will continue to receive a makeover, two of our courts will be resurfaced and there are a number of other projects in the pipeline.

Student Awards
As part of our five platforms for success, we are celebrating student achievement through presenting awards at a junior (Week 2) and a senior (Week 4) school assembly. The categories for the awards are:

- Academic Merit Awards
- Industry Awards
- Community Awards

Student Achievement Awards
If your son or daughter is to receive an award, you will be invited to attend the school assembly. It would be great to see as many parents as possible attending this event to encourage our students and to celebrate their successes.

Every day counts
As students get settled into second term, parents are reminded of the importance of sending your child to school every day. Attendance at school every day counts. One day absent each week quickly adds up to two months of missed lessons in a year. Each lesson is sequenced and planned and a student can quickly fall behind if they are not in regular attendance.

Unless your child is ill, it is expected that your child will be at school learning every day of the school year. More information on the importance of regular school attendance is available at http://education.qld.gov.au/everydaycounts/index.html

NAPLAN
On Tuesday May 14, Wednesday May 15 and Thursday May 16, students in year 9 will be sitting the National Assessment Program Literacy and Numeracy (NAPLAN) tests. These tests provide Education Queensland and our school with important information on how our students are travelling regarding literacy and numeracy and our results are compared to the state and nation. The teaching of literacy and numeracy is a key component of all lessons across the school and Year 9 students also participate in a NAPLAN preparation program. It is very important that each year 9 student is well prepared for the tests and is focused on achieving the best results possible. NAPLAN is conducted in a rigorous testing environment to give all students the best possible opportunity to achieve good results and to start preparing students for formal assessment processes as they move into senior schooling.

MCCULLOUGH, Julie-Ann
Principal

DATE CLAIMERS 2013

Monday 22nd—Friday 26th April
- Moving Opera

Tuesday 23rd April
- Parent & Teacher meeting

Thursday 25th April
- ANZAC Day Public Holiday
- ANZAC Ceremony—String Ensemble & Winds students

Friday 26th April
- Yr 11 RYDA Driving Program
- Yr 8 & 9 Student Achievement Award Assembly

Wednesday 1st May—Friday 3rd May
- Yr 8 Camp

Wednesday 1st May
- Rock the School workshop and band performance

Friday 3rd May
- Logan District X-country

Friday 10th May
- Yr 10, 11 & 12 Student Achievement Award Assembly

Tuesday 14th May—Friday 17th May
- Naplan

Tuesday 21st May
- P & C AGM
  6.30pm Common Room Administration Block

Our school values:-
- Respect
- Industry
- Cooperation

TIME CHANGE FOR P AND C MEETINGS

Starting time will now be 6:30pm as of April's Meeting. Next P & C meeting will be held on Tuesday 21st May in the Administration block, common room. All welcome to attend.
INSTRUMENTAL MUSIC NEWS
During Term 2 the Instrumental Music students (String Ensemble and Symphonic Wind students) will be performing at our annual ANZAC Day performance.

Below are the details:

**ANZAC CEREMONY** - The ANZAC Day performance is on Thursday, 25th April (ANZAC Day) at Springwood Park (George Swanson Gardens), Cinderella Drive. Springwood. We have accepted an invitation for many years from the RSL Springwood Branch to play at their public service.

All students and their families are encouraged to attend – this is a great opportunity for representation of the Instrumental Program at a major public event.

**VENUE:** Springwood Park (George Swanson Gardens) Cinderella Drive. (There is limited parking. Maybe drop the students off and try to use street parking.)

**TIME:** Please arrive between 7 - 7:15am. It will take time for our ensemble setup. We encourage students to arrive this early so that the job is completed in time. Parking will also be more available at this time. Please arrive no later than 7:30am. We have been requested by the organisers that we are seated and tuned by 7:30am.

The ceremony is scheduled to finish at 9:15am.

**DRESS:** Polo Shirt, Black Trousers, Black Shoes and Socks. Please wear a school jumper/jacket if required.

**EQUIPMENT:** All students are to bring their own music stand and to be sure they attend this performance with their music and their instrument. There will be no access to school on this day to pick up instruments/music.

Please let your instructor know if your student will not be attending on Thursday 25th April or email pwill8@eq.edu.au

Thankyou. Looking forward to seeing you there.

Instrumental Staff

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SCIENCE PHOTOS

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MOVING OPERA
This coming week, thirty of our talented students, will be working with professional singers, actors stage directors and accompanists from Opera Queensland. The ensemble (a mix of students from year eight through to year twelve) was the select group of forty six who auditioned to be part of the program. The week involves a rigorous rehearsal schedule, incorporating singing, dancing and movement, to learn and present polished works for a performance. Opera Queensland staff were very impressed with our group from 2012 and I am sure our students this year will impress again. Some students are returning to be part of the wonderful program which culminated in an amazing concert. The new students are excited and enthusiastic to be given the chance to be part of the program.

The week highlight is the concert on Friday evening for the school community, family and friends. Please come and support our talented young singers and see their performance.

Performance: Moving Opera 
Venue: performing Arts Block
Time: 6pm
Cost: FREE

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ROCK THE SCHOOLS
On 1st May —Rock the Schools” comes to Springwood. Students from our Music Industry classes spend a day learning about the Music Industry, Music recording, Stage production, and Live Music performances. The students will participate in various workshops with industry professionals and assist with the bump in and construction of the sound and lighting for a concert held in the second lunch break.

This year the band performing is —Bad Pony” an Indy Rock band from Sydney. A young innovative band with a very unique sound. All students are welcome to attend this FREE concert and enjoy the feeling of a typical rock concert.
THE NATIONAL DAY OF ACTION AGAINST BULLYING

The National Day was marked by the release of a free interactive iPad app, The Allen Adventure, and a Young Children Section on the Bullying. No Way! website, which offers parents and educators extensive information about children’s social and emotional development and advice and suggestions about dealing with bullying behaviours.

Other resources, apps and information supporting the National Day of Action and its anti-bullying message are available year-round on the Bullying. No Way! website, managed by the Queensland Department of Education, Training and Employment on behalf of all state and territory governments.

HARMONY DAY

It is a day to celebrate Australia’s diversity. It is a day of cultural respect for everyone who calls Australia home – from the traditional owners of this land to those who have come from many countries around the world. The message of Harmony Day is Everyone Belongs.

We celebrated the day on an Assembly through dance, storytelling and displaying the flags of the 30+ nations that our student population identify with. Ms McCullough traditionally opened proceedings and then there was ‘Acknowledgement of Country’ by Stephanie Anderson. Stephanie incredibly, has been taught some of her Indigenous language, then she greeted us with it along with 11 other students who greeted us in their first languages displaying their countries flag. Patrick Alosio told his story of coming to Australia as a child and hating it, returning to New Zealand, only to return to Australia with his family again inspired by the film —Rabbit Proof Fence”. He spoke of his Irish and Samoan heritage. We then saw 2 dancers Tabetha Te Maari and Gina Alosio showcasing their agility and gracefulness and I am sure making proud their New Zealander and South Seas cultures. Haifa Work then told us about her challenging experience of coming to Australia just 4 months ago from Fiji leaving behind all that was familiar, and highlighted the opportunities that Australia have for young people and encouraged the students to embrace it.

Thank you to all the students who participated and assisted with the production. We hope to have more performances next year.

Did you know:
- 45% of Australians are either born overseas or have a parent who were.
- We identify with approximately 300 ancestries.
- Around 7 million people have migrated to Australia since 1945.

Source Website: www.harmony.gov.au

Logan Catch up Clinics for students who missed immunisation at school and all students up to the age of 15 years who can receive a free HPV Vaccine

Beenleigh Library
Crete Street, Beenleigh
Every Thursday 9am - 10am

Caddies Community Care Centre
19-33 South Street, Jimboomba
Every Thursday 11am – Noon

Springwood Child Health Centre
16 Cinderella Drive, Springwood
Every Thursday 11am – Noon

Logan Central Library
26 Wilbur Street, Logan Central
Every Thursday 3.30pm - 7pm

INDIVIDUAL SPORTS GRANTS

Did you know that Logan City Council offer grants to individuals and sporting clubs. The grant can be used for club registrations fees, equipment purchase, travel assistance state, interstate or internationally for competitions. Grants offered for clubs for sporting infrastructure and Sports Club. Any resident of Logan City Council can apply. Club registrations and equipment is only offered to those individuals with a Health Care Card though. More details on their website.

Information for parents concerned about their children’s mental health wellbeing
You may find some articles of interest from the Generation Next website of interest to you.

7 Positive Ways of Parental Engagement to help your children improve in their schooling.

Discussion around:
- Giving Support
- Expecting the Child to Achieve
- Volunteering
- Developing a Positive Parenting Style
- Keeping it real, keep it local
- Using Continuity
- Building a bond with the school

They have a conference for parents 17th May in Brisbane.

Topics:
- The War on Girls
- Helping young people with mental health crisis
- Protecting Children from online Predators.
- Health Media Consumption
- Resilience resources on the Internet.
- Stress and the Brain
- Fetal Alcohol Syndrome – Learning and behaviour problems
- Drumming for Well-being

Good Health to you
Michelle – School based youth health nurse.
What a great end to a very busy term 1 for students in the Senior School! The Year 10, 11 and 12 students have not missed a step as we have begun term 2 and are working hard in their school subjects, TAFE courses and School Based Apprenticeships and Traineeships. Keep up the great work this term!

**SPRINGWOOD SUCCESS STORIES**

**GUEST Students** - Congratulations to the following students who have begun their study with Griffith University at school in the subject of Gender, History and Culture. Marzeah Yagmai, Sara Ford, Rhoads Mills, Sharni O'Connor, Stefi Anderson and Tara Allen. Good luck in this university subject!

*From School to WORK* - Congratulations to Tristen Newcombe who has left school and gained full time employment. In early March, Tristen began working at South Pacific Offshore Electrical and Engineering Company. Tristen has plans to travel overseas at the end of the year and then continue working in industry. He has the opportunity to fulfill a position in Papua New Guinea in 2014. Everyone at Springwood sends their congratulations and wishes Tristen all the best for his future.

**Year 10 SET Planning and Subject Selection.**

At the beginning of term, the year 10 BLAST SET Planning and Subject Selection Unit was launched with students. Year 10 is the gateway into the Senior School and students will begin exploring and mapping out their Year 11 & 12 course of study as well as develop ideas about post school goals and career options. The Senior Education & Training (SET) Plan is critical for students to be focused about their course of study and integration of work or further training while at school.

This program requires the participation of several members of our school community including parents, BLAST Teachers and the Senior School Leadership Team. Together we will work with students to ensure they identify their individualised learning pathway. Students will spend time investigating, listening to talks from school and guest speakers (university and TAFE), researching online and developing their SET Plan.

Key events within this unit will be the Subject Selection Evening and SET Planning Interviews. These events are in our calendar for Week 4 and Week 6, Term 3 respectively with specific dates to be advised. The focus for students and parents as we begin this BLAST unit is to review the Term 1 Report and goals in student's organiser. Students and parents should set new, achievable goals for this term as it will help to focus them achieve their best in all their subjects for the rest of the year and set them up to achieve success in their chosen pathway.

**Year 11 ESS Program.**

Now that Year 11 students have experienced one term of their new academic program at Springwood, it is important to review their achievement and success so far. The aim of this is to ensure that all students are on track to achieve their QCE points and that their SET Plan goals are still aligned with their program of study. Thank you to the parents and students who have spent time discussing your Year 11 experiences and as we implement the strategies discussed we know you will continue to work hard this term.

If you have any questions regarding your child and their achievement or pathway, please do not hesitate to contact the school.

**Year 11 and 12 Work Experience**

In 2013, Year 11 and 12 non-OP students at Springwood SHS are completing a Certificate II in Workplace Practices. In addition to contributing 4 valuable points towards the students’ Queensland Certificate of Education (QCE), this course provides our students with the opportunity to participate in structured work experience and gain real-world employability skills that will help equip them for success in a rapidly developing workforce.

We are currently seeking businesses in the local area who are willing to take on a Year 11 or 12 student for a one-week block of work experience in June (17th to 21st) and/or September (16th to 20th) this year. Students have nominated an industry area of preference and are currently learning about the OH&S requirements and the employer expectations they are required to meet in the workplace.

At Springwood SHS, we understand the importance of our students being job-ready and aware of the expectations of industry. We would love to hear from local businesses who are willing to help equip our students with vital life skills and a taste of life in the workforce. If you would like more information about the work experience program, please contact Rachel Parker – Industry Liaison Officer – on 3380 6111.

**University Options**

On Wednesday 1st May QUT is holding a Parent Information Seminar. If your child is considering applying for a course at QUT or wish to find out more information please see the information included in this newsletter or go to [http://www.qut.edu.au/study/events](http://www.qut.edu.au/study/events) and click on Parent Information Seminar.

**Careers and Training Events**

Thank you to the many students and parents who returned the permission notes for the SkillsTech Open Day and Trade Taster Program, the Allied Health Career Forum and the Energise OZ Electrical Readiness Assessment Program. Each week there are many opportunities advertised to students that will help them get a head start in their training and future careers. Please encourage your child to listen to the notices and come and ask a member of the Senior Schooling Team should they hear of any programs that appeal to them. We can’t wait to hear the reports from students about these current events. Enjoy the programs!

**QCS Community Representatives – We’d Love Your Help**

The Queensland Studies Authority (QSA) invites expressions of interest from community members to nominate for appointment to the positions of chief community representative or community representative for the QCS Test. To maintain the accountability, security and proper conduct of the test, the QSA appoints members of the community to each test centre to carry out duties on behalf of the QSA. A test centre is a secondary school, or another place approved by the QSA, where students may sit the QCS Test. All test centres are located within Queensland. Each centre has a chief supervisor, who is usually the school principal or a person acting in that capacity, to administer the test on behalf of the QSA. This year the test will be held on Tuesday 3 September and Wednesday 4 September.
**SENIOR SCHOOLING NEWS (con’t)**

**What is the role?**
To observe the administration of the QCS Test and report to the Queensland Studies Authority (QSA) on the conduct and administration of the test. Chief community representatives do not supervise the students sitting the test.

**When do you need to be available?**
The chief community representative must be available for each of the following sessions:
1. **two weeks before test** (approx.) for receipt of security case key (approx. 30 minutes, date to be advised)
2. **during the week before test** (approx.) for receipt of security cases (approx. 60 minutes, date to be advised)
3. **Tuesday 3 September** (Day 1 of the test) – starting between 8:10 am and 8:40 am – finishing between 2:40 pm and 3:10 pm
4. **Wednesday 4 September** (Day 2 of the test) – starting between 8:10 am and 8:40 am – finishing between 2:40 pm and 3:10 pm

**How much will you get paid?**
Chief community representative (position A or B)
- $437.92 — at a test centre that expects 1 to 150 students to sit the test
- $507.06 — at a test centre that expects 151 to 500 students to sit the test.

**Note:** The reserve chief community representative (person C) receives no payment unless needed to fill a vacant position (A or B).

For more information contact the administration office.

**Thank you to the Springwood Community**
I wish to extend my thanks and best wishes to the students, parents and staff of the Springwood State High School Community. As a new HOD has been transferred for Semester Two I have been offered another position and will be leaving Springwood on Friday 26th April. I have very much enjoyed my time here working with you all to support and assist each student to achieve success in their pathway. Ms Debbie Kahl will working in the A/HOD Senior Schooling role for the remainder of this term. If you have any questions please do not hesitate to contact her.

Many thanks,
Liz Senior

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**Learn2go Relaunch**

The Learn2go website has been revamped and updated to include additional support to parents, guardians and supervisors as they guide young Queenslanders through the learner driver journey.

Not only does the site help prepare students for their journey behind the wheel but help facilitate their journey as a driver.

**Free L & P Plates**

Free2go members can now jump online to the RACQ online shop to grab their free set of L and P plates. There's even the option to order a Learner Pack for additional member information and goodies, also at no cost to free2go members.

Members can still continue to get their free L & P plates at RACQ branches when presenting their free2go membership card. This awesome freebie is just one of the many free2go member benefits offered by RACQ to students when becoming a member.

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**The Woolworths Earn and Learn program is back!**

From Monday 8th April until Sunday 9th June 2013, when you shop at Woolworths you will be given a Woolworths Earn and Learn Point. There’ll be one Woolworths Earn and Learn point for every $10 spent, excluding cigarettes, liquor and gift cards. Use the attached points sheet to collect your stickers, then place sheets in collection box located in the student admin area. Extra sheets are available from admin.

Thank you
Welcome back to Term 2.

Communication between the home and school is vitally important as we work together as a team to support your child’s dreams and aspirations both now and in the future. However, many young people find this a confronting time to address issues that may have been raised during parent-teacher interviews. We all need to be mindful that we focus not only the challenges the young person faces but also their strengths!!! I am often asked — How do I make my child more resilient to life events? The answer is not a quick fix but one that we as a whole school community need to address together.

At school, we have included lessons via the BLAST Program that build upon the social, emotional capacity of young people rather than on their problems or deficits. The lessons encourage prevention, promotion and intervention in order to build the social and emotional strengths.

What can you do at home to promote resilience in your child?

Andrew Fuller is a well-known child psychologist who has recently been described as an ‘interesting mixture of Billy Connolly, Tim Winton and Frasier Crane’ and as someone who ‘puts the heart back into psychology’. As a clinical psychologist, Andrew Fuller works with many schools and communities in Australia and internationally, specialising in the wellbeing of young people and their families.

Andrew has some excellent resources via his web page called Inyahead at www.andrewfuller.com.au. I hope you find the following ten hints from Andrew's website a good starting place in building resilience in your child.

Ten Hints for Creating Resilient Families

Resilience is the fine art of being able to bungy jump through life. The pitfalls are still there but it is as if you have an elasticised rope around your middle that helps you to bounce back from hard times.

No. 1 Promote Belonging: Resilience is the happy knack of being able to bungy jump through the pitfalls of life. It is the strongest antidote we know of for self-harm, depression and drug abuse and it's built on our sense of belonging.

No. 2 Have some moolah time: We live in a world that suffers from attention deficit disorder. We rush children from activity to activity, from lesson to lesson and from one organised event to another. Then we wonder why, when there is a lull that they say ‘I’m bored’. Find some time each week just to be at home without anything structured happening.

No. 3 Rediscover some family rituals: It doesn't matter whether it is the family walk after dinner, the Sunday roast, the Friday night pizza or the Saturday morning clean up, rituals are highly protective. These are the activities you hope that later on your children will reminisce and say ‘Mum always made sure we did.’ Or Dad always made sure we did.”

No. 4 Spontaneity and curiosity: Spontaneity and curiosity are the building blocks of good mental health. So the really hard message here is that if you want to raise your children to have mentally healthy lives you are going to have to have a good time yourself. If you want your children to succeed you need to show them that success is worth having.

No. 5 Love kids for their differences: When families' function well people are allowed to be different and to be loved for those differences. We all know that children take on different roles. A father of three said it's as if they have a planning meeting once a year and say, 'you be the good kid, I'll be the sick kid and the other one can be the trouble-maker!' And then just when you think you've got it figured out they change roles again”. Having children who are strongly individual and who have a sense of who they is a sign of good parenting. The problem may, of course be that they will then express their independent spirit in ways that you don't like.

No. 6. It is clear who is in charge: Families do not work well as democracies. In fact they seem to work best as benevolent dictatorships in which the parent or parents consult a lot with their children but at the end of the day, the parent has the final say. Some parents fear that if they take charge that they will lose the friendship of their children, but often the reverse is true.

No. 7 Consistency: Consistency is the ideal. Having parents who agree on rules and standards and who convey the same sorts of messages and who value compassion over coercion, clearly has the best outcome in terms of children’s well being. It is also important that parents not be open to manipulation and work together as a team. Sometimes parents have different value systems or can't come to a consistent way to handle particular areas. In these situations, a second possibility is to for one parent to take charge of a particular area. This is not the most desirable solution but it is better than having parents in conflict over management issues or worse, undermining one another. In single parent families or where parents are separated the same principle applies.

No. 8 Teach the skills of Self-esteem: Families that work well seem to praise one another a lot. Compliments are made, positive efforts are commented on. Optimism is in the air. Even in these families, teenagers still shrug and say, ‘Yeah Mum’ or ‘Yeah Dad” whenever a compliment is made. Teaching the skills of self-praise is useful. One way of doing this is to ask questions extensively about any achievement or accomplishment. Asking questions that like ‘how did you do that?” ‘How come you did so well at that test?” ‘What did you do?’ and ‘have you been doing homework behind my back

No. 9. Know how to Argue: Families that work well know how to argue. It seems strange to say this because we all have the sense those families that work well don’t have conflicts. The family is really where we learn to resolve disputes fairly. The way that parents teach children to resolve differences of opinion with their brothers and sisters provides the basis for sharing, negotiating and problem solving in the world beyond the family. While differences of opinion should be allowed to be expressed, children also need to learn that they will not be able to win at all costs

No. 10. Parents are reliably unpredictable: With young children it is important to provide consistency and predictability. This allows them to feel sure of you. After a while though, a bit of unpredictability can go a long way. To many children, most parents are about as predictable as a washing machine cycle. It is important to have structure and consistency but it is also useful to act in ways that your children wouldn't expect. This keeps them interested in learning from you or least wondering what you are up to.

Perhaps the most important feature of parents in healthy families is that they realise that all of the above is desirable but not always possible and so they look at how to promote good functioning while not wasting energy on blaming themselves for the times when things don't quite work out as they had planned.
An Invitation to all 2013
Year 9 and 10 students to attend

The ConocoPhillips Science Experience

Enjoy 3/4 days in which you will be introduced to some of the wonders of science and technology

Perform interesting experiments in a university laboratory

Hear leaders in science, technology and engineering

Learn about careers in science and technology

Located 35 campuses nationally

Programs are non-selective

Cost is $115 (inc. GST) for 3 days and $150 for 4 days

Dates see website
www.scienceexperience.com.au

Sponsorship maybe available through Rotary or the National Office.

Further information and application forms are available from your school, local Rotary club or The ConocoPhillips Science Experience website.
Early application is advised.

The ConocoPhillips Science Experience
PO Box 514
BAYSWATER VIC 3153
Ph: 03 8288 1001

Commences: Thursday 18th April to 20 June 2013
For 10 week duration
9.30 to 11.30
Free
Facilitator: David Rolls

Co-ordinator: Colleen Benson
Please call 3808 4529
Venue: Logan East Community Centre
Cnr Cinderella Drive & Vanessa Blvd
Springwood
Parenting Teenagers
Information Sessions for Parents and Carers
Presented by the School Aged Health and Wellbeing Action Group for the Logan Child Friendly Community Consortium

Everyone Welcome

Tuesday 7th May: Parenting Through Puberty And Beyond
Venue: Logan North Library. Light refreshments provided.
Cnr Sports Drive and Springwood Road, Springwood 6-7.30 pm.

Thursday 16th May: ‘Messed Up Head’ Mental Illnesses of Childhood and Adolescence
Venue: Beenleigh Library. Light refreshments provided.
Crete Street, Beenleigh 6-7.30 pm.

Tuesday 21st May: Parenting Through Puberty And Beyond
Venue: Marsden Library. Light refreshments provided.
35 Chambers Flat Rd, Marsden 6-7.30 pm.

For more information or to RSVP
Contact Liza Gilbert on Ph 3412 2940
Or email liza_gilbert@health.qld.gov.au

Parent Information Seminar

QUT
Queensland University of Technology
Brisbane, Australia

Parent Information Seminar

We invite current senior high-school students and their parents to find out all about studying at QUT. Join us on 1 May 2013.

If you're a parent of a current senior high-school student, you and your son or daughter are invited to our Parent Information Seminar.

We'll provide information on:
■ making course and career decisions
■ gaining entry to university
■ life as a university student
■ transition to university and support for students
■ study costs and financial support
■ resources for parents and students.
Did you save your cash bonus for education costs?

Saver Plus provides free financial education, budgeting and savings tips to assist you in making your money go further! Saver Plus will even match your savings dollar for dollar, up to $500 towards education costs. There’s no catch.

To be eligible you need to have:
- a Health Care or a Pensioner Concession Card
- a child at school, starting next year or study yourself
- some regular household income, e.g. you or a partner may have casual, part-time, full-time or seasonal work.

Contact Sylvia Constantin at The Benevolent Society on 5596 7928 / 0431 076 011 or sylvia.constantin@benevolent.org.au

Saver Plus was developed by A/12 and the Brotherhood of St Laurence and is funded by A/12 and the Australian Government.
PAYMENT INFORMATION

Student I.D Numbers
A friendly reminder to Parents/Caregivers to use your student's I.D. number as a reference, when making payments via internet banking. The correct I.D number is 10 digits with a letter on the end (eg. 123456789X). The old six digit student I.D number is now obsolete. This is particularly important when making payments via internet banking so that the school's Finance Department can apply the payment.

If your student does not have an I.D. card or you are unsure of your student’s I.D number, please do not hesitate to contact our Administration Department. I.D cards can be collected from the Payment Window.

Paying via Internet Banking: Direct Payment into School Bank Account
- School’s Bank Account Name: Springwood State High School
- BSB Number: 064-170 (CBA Branch Springwood)
- Account Number: 00090094
- Reference/Details: Please record the student's I.D. number in the reference/details section so that your payment can be recorded correctly. If insufficient details are supplied, payments will be applied to the oldest debt for that Family/Customer.

Paying by phone: Payment by Credit Card ONLY
Call the school on 33806167 or 33806111 Tuesday to Friday between 8am -12.00midday. (Closed Mondays) Please have the account and your credit card details with you when you call.

Visa or Mastercard accepted.
Cheques and Money Orders made payable to Springwood State High School.
Post to PO Box 77 Springwood QLD 4127

Paying in Person: Payment by Credit Card, Debit Card, Cash, Cheque or Money Order:
Payment can be made at the school Payment Office Tuesday – Friday 8am – 12.00midday (Closed Mondays)
Credit Card and Debit Cards (EFTPOS), Cash, Cheques and Money Orders are accepted.

Credit Card Payment Advice form attached on page 7.

PAYMENT WINDOW CLOSED EVERY MONDAY

IMPORTANT INFORMATION RE: NATIONAL SECONDARY SCHOOLS COMPUTER FUND - STUDENT LAPTOPS

A reminder to students that the laptops are the property of The Department of Education and Training. It is the student's responsibility to take care of the laptops.

General precautions are:-
- Food or drinks should never be placed near the device.
- Plugs, cords and cables should be inserted and removed carefully.
- Devices should be carried within their protective case.
- Devices should never be carried with the screen open.
- Ensure the battery is fully charged each day.
- Turn the laptop off before placing it in its bag.
- Do not graffiti or deface the laptop or bag.
- Do not put stickers on the laptop.
- Do not write on the bag.

The $90 fee for the laptop is an annual resource fee and subject to change. As per the Laptop agreement, students who complete their schooling or transfer from school must return the laptop to the school or the school will initiate recovery procedures. If the Laptop is not returned in the condition it was loaned to the student, reimbursement will be sought. Laptops must be returned to the school I.T. Department by the completion of each school year.

Revised guidelines - what you need to know
Aussies need to drink more milk, eat more lean meat and swap some potatoes and bread for protein-rich legumes like baked beans, says the new revised Australian Dietary Guidelines.

The average man is now recommended to eat three serves of meat per day, instead of one - with the average serving size being 65-80g of cooked meat.

The recommended serving size of potatoes has decreased, as has the serving of bread which has been reduced to just one slice per day. These changes are important to note for carb counting. The recommended serve of dairy has increased by half a serve. Try swapping this for low-fat milk to increase your calcium intake.

Federal Government warns of NDIS scam
The Australian Federal Government is warning people to be aware of fraudsters posing as Government workers seeking payment of an administration fee to access the National Disability Insurance Scheme (NDIS). The government has reminded the public that there is no fee to join the NDIS.

A statement released said people should be wary of anyone asking for payments for other Government schemes and encourage those who feel their privacy has been breached, or who have provided personal details to someone suspicious to report it to the police. Suspected scams can be reported to the government’s Scamwatch website or by calling 1300 795 995.

Further queries about the NDIS scam can be sent to helpdesk.fraud@fhcsia.gov.au.
HAVE YOU MOVED?
If you have moved, changed jobs, changed your telephone number (including mobile) or if your emergency contacts have had any changes to their contact details we need to know. Please send a note to the office with your child or phone the office on 3380 6111 to let us know of any changes.

MEDICATION
Just a reminder that if your child needs to take medication of any kind while at school we can only administer prescription medication. This medication needs to be in the original box/container with the chemist label adhered to it. Students are not permitted to hold medication of any kind in their bag. All medication must be brought to the office, authorisation forms filled out and signed by parent, guardian and students then come to the office for staff to administer the medication. Should you have any queries please don’t hesitate to contact the office.

MOBILE PHONES AT SCHOOL
Students are to be reminded that it is at their own risk if they choose to bring a mobile phone to school. It is understood that some students have a mobile phone for safety purposes whilst travelling to and from school, however it is this school’s policy that phones are to be switch off and out of sight during lesson times. If a mobile phone is used during class time, then the teacher may take the action of confiscating the phone until the end of day. Students are encouraged to hand their mobile phone in to the office for safe keeping during the school day.

UNIFORM SHOP OPENING HOURS
TUESDAY & FRIDAY - 7:30am to 9:00am

NEW SCHOOL CAPS, SPORTS SHORTS & SPORTS POLO SHIRTS NOW HERE (caps $10)
Please contact our Administration Department on 3380 6111 and leave your contact details and we will endeavour to organise a suitable appointment time or alternately download an order form from the school website and email to Uniformshop@springwoshs.eq.edu.au

CANTEEN VOLUNTEERS REQUIRED
Do you have a morning after school drop off that you could volunteer to work in our canteen? Any help would be greatly appreciated, especially in the morning, if you could assist with food preparation. Did you know we currently have only two volunteers in our canteen? Ideally, we would love to be able to produce a roster to have many hands making the load of running the canteen lighter work. Volunteers’ help reduce costs in the canteen therefore leaving more funds to put into school activities to support our children’s education.

Can’t help in the morning but want to help, please call the canteen to organise a suitable time. Anyone wishing to volunteer, please phone the canteen and speak with Judy or Julie on 3380 6139

P & C MEETING
Now commences at 6.30pm in the Administration Block Common Room. All welcome to attend. Next meeting Tuesday 21st May.

Springwood State High School P & C Meetings are held on the third Tuesday each month at 6.30pm in the administration common room.

Proposed future meeting dates are:
18th June, 16th July, 20th August, 17th September, 15th October and 19th November.

NEWSLETTER EMAILED
The school Newsletter will be emailed to parents/guardians. If you would like to receive the newsletter via email please complete the form below and we will email the newsletter to you. However if you do not have an email address you will still be able to obtain a paper copy of the newsletter. Simply ask your son/daughter to collect the monthly school newsletter from the Student Reception. The newsletter is also available via the school website.

Student Name………………………………………………
Parent’s Name………………………………………………
Email Adress………………………………………………

CAN’T HELP IN THE MORNING BUT WANT TO HELP, PLEASE CALL THE CANTEEN TO ORGANISE A SUITABLE TIME. ANYONE WISHING TO VOLUNTEER, PLEASE PHONE THE CANTEEN AND SPEAK WITH JUDY OR JULIE ON 3380 6139
# Class of 85 School Reunion

Website address is: [http://shsclassof85reunion.blogspot.com/](http://shsclassof85reunion.blogspot.com/)

For more information please contact the organisers Kerry Warnholtz, David McLeod and Justin Wilson. The reunion is scheduled for 2010.

---

## Host Family Application Form

**Household Details** *(Please include all persons)*

<table>
<thead>
<tr>
<th>Surname</th>
<th>First Name</th>
<th>Relationship</th>
<th>MF</th>
<th>DOB</th>
<th>Occupation/ School Name</th>
<th>Blue Card Number &amp; Name on the Blue Card</th>
<th>Expiry Date</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*International Student if you are hosting*  
Nationality:

<table>
<thead>
<tr>
<th><em>Address</em></th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th><em>Suburb</em></th>
<th><em>Postcode</em></th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th><em>Home Phone</em></th>
<th><em>Work</em></th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th><em>Mobile Mrs</em></th>
<th><em>Mr</em></th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th><em>Email</em></th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th><em>Does your family have any pets?</em></th>
<th>Yes</th>
<th>Inside &amp; Outside</th>
<th>Outside only</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th><em>What kind of pets do you have?</em></th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th><em>Does your family smoke?</em></th>
<th>No</th>
<th>Yes, inside</th>
<th>Yes, but outside only</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th><em>Family Interest / Hobbies</em></th>
</tr>
</thead>
</table>

| *Student preference*  
Please tick one box | Either | Male only | Female only | Prefer Male but Female ok | Prefer Female but Male ok |
|--------------------|--------|----------|------------|--------------------------|--------------------------|

| *Student number*  
*How many students can you accommodate?* | 1 | 2 | More than 3 |
|-------------------------------------------|---|---|-------------|

| *Students own bedroom*  
*Bedroom 1 (Please circle bed type and number of bed)* | 1x Single bed, 2x Single bed, 1x Double/Queen bed, 1x Bunk bed, 1x Trundle bed, 1 mattress, Others |
|------------------------------------------------------|---------------------------------------------------------------------|

<table>
<thead>
<tr>
<th><em>Bedroom 2 (Please circle bed type and number of bed)</em></th>
<th>1x Single bed, 2x Single bed, 1x Double/Queen bed, 1x Bunk bed, 1x Trundle bed, 1 mattress, Others</th>
</tr>
</thead>
</table>

| *Student sharing room with your child*  
*If you are hosting one or two students, he/she will share a room with:* | (Please write your child/children’s name) |
|------------------------------------------|------------------------------------------|

| *Language spoken*  
At home | English Only, English & (Please specify language) |
|---------|-----------------------------------------------|

<table>
<thead>
<tr>
<th>Please circle</th>
<th>Mainly (Please specify language)</th>
</tr>
</thead>
</table>

| *Transport to/from school*  
Can you drive to and from school? Yes | No |
|-------------------------------|----|

<table>
<thead>
<tr>
<th><em>Preferred area/schools to host</em></th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th><em>Special Diet (Eg: Coeliac, Vegetarian)</em></th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th><em>How do you normally spend your weekend?</em></th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th><em>Reasons for becoming a host family</em></th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th><em>Additional Notes (Hosted previously or first time, any special details about your family)</em></th>
</tr>
</thead>
</table>
CLASS OF 85 SCHOOL REUNION
Website address is: http://shsclassof85reunion.blogspot.com/
For more information please contact the organisers Kerry Warnholtz, David McLeod and Justin Wilson. The reunion is scheduled for 2010.

ORDER FORM

SPRINGWOOD STATE HIGH SCHOOL
P & C ASSOCIATION
UNIFORM SHOP PHONE: 3380 6163
Email: Uniformshop@springwshs.eq.edu.au

<table>
<thead>
<tr>
<th>Item</th>
<th>Size</th>
<th>Qty</th>
<th>Price $</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>GIRLS</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Blouse</td>
<td>6-24</td>
<td></td>
<td>31</td>
<td></td>
</tr>
<tr>
<td>Skirt</td>
<td>6-26</td>
<td></td>
<td>35</td>
<td></td>
</tr>
<tr>
<td>Culottes</td>
<td>6-26</td>
<td></td>
<td>32</td>
<td></td>
</tr>
<tr>
<td>Slacks</td>
<td>6-26</td>
<td></td>
<td>42</td>
<td></td>
</tr>
<tr>
<td>Tie – Junior Yr 8 &amp; 9</td>
<td></td>
<td></td>
<td>7</td>
<td></td>
</tr>
<tr>
<td>Badge</td>
<td></td>
<td></td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>BOYS</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Shirt</td>
<td>8-26</td>
<td></td>
<td>31</td>
<td></td>
</tr>
<tr>
<td>Tab Shorts</td>
<td>14-32</td>
<td></td>
<td>33</td>
<td></td>
</tr>
<tr>
<td>Trousers</td>
<td>16-32</td>
<td></td>
<td>42</td>
<td></td>
</tr>
<tr>
<td>UNISEX</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sports Polo</td>
<td>12-24</td>
<td></td>
<td>25</td>
<td></td>
</tr>
<tr>
<td>Sports Shorts</td>
<td>12-24</td>
<td></td>
<td>25</td>
<td></td>
</tr>
<tr>
<td>Jumper</td>
<td>12-26</td>
<td></td>
<td>25</td>
<td></td>
</tr>
<tr>
<td>Spray Jacket</td>
<td>12-26</td>
<td></td>
<td>55</td>
<td></td>
</tr>
<tr>
<td>Cap</td>
<td></td>
<td></td>
<td>10</td>
<td></td>
</tr>
<tr>
<td>Tie – Senior Yr 10-12</td>
<td></td>
<td></td>
<td>20</td>
<td></td>
</tr>
<tr>
<td>TOTAL AMOUNT$</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

PAYMENT BY
- Cash
- EFTPOS
- Bankcard
- Mastercard
- Visa

Amount $________________________ Name on Card: __________________________

Signature __________________________ (for credit card only) Expiry Date on Card: __________________________

Student/Parent signature – Goods Received __________________________ Date __________________________

To avoid disappointment and to ensure your student’s size is available please return order forms to Uniform Shop or school by 30th November, 2012 (payment not required until collection). The uniform shop is open from 7:30am – 9.00am on Tuesdays and Fridays and is located at the end of ‘H’ Block. Email orders welcome.

Price list effective 30th October 2012.
2013 school calendar
Queensland state schools

DECEMBER
S M T W T F S
30 31 1 2 3 4 5
6 7 8 9 10 11 12
13 14 15 16 17 18 19
20 21 22 23 24 25 26
27 28 29 30 31

JANUARY
S M T W T F S
1 2 3 4 5 6 7
8 9 10 11 12 13 14
15 16 17 18 19 20 21
22 23 24 25 26 27 28
29 30 1 2

FEBRUARY
S M T W T F S
1 2 3 4 5 6 7
8 9 10 11 12 13 14
15 16 17 18 19 20 21
22 23 24 25 26 27 28
29 30 1 2

MARCH
S M T W T F S
1 2 3 4 5 6 7
8 9 10 11 12 13 14
15 16 17 18 19 20 21
22 23 24 25 26 27 28
29 30 1

APRIL
S M T W T F S
1 2 3 4 5 6 7
8 9 10 11 12 13 14
15 16 17 18 19 20 21
22 23 24 25 26 27 28
29 30

MAY
S M T W T F S
1 2 3 4 5 6 7
8 9 10 11 12 13 14
15 16 17 18 19 20 21
22 23 24 25 26 27 28
29 30

JUNE
S M T W T F S
1 2 3 4 5 6 7
8 9 10 11 12 13 14
15 16 17 18 19 20 21
22 23 24 25 26 27 28
29 30

JULY
S M T W T F S
1 2 3 4 5 6 7
8 9 10 11 12 13 14
15 16 17 18 19 20 21
22 23 24 25 26 27 28
29 30

AUGUST
S M T W T F S
1 2 3 4 5 6 7
8 9 10 11 12 13 14
15 16 17 18 19 20 21
22 23 24 25 26 27 28
29 30 31

SEPTEMBER
S M T W T F S
1 2 3 4 5 6 7
8 9 10 11 12 13 14
15 16 17 18 19 20 21
22 23 24 25 26 27 28
29 30

OCTOBER
S M T W T F S
1 2 3 4 5 6 7
8 9 10 11 12 13 14
15 16 17 18 19 20 21
22 23 24 25 26 27 28
29 30

NOVEMBER
S M T W T F S
1 2 3 4 5 6 7
8 9 10 11 12 13 14
15 16 17 18 19 20 21
22 23 24 25 26 27 28
29 30

DECEMBER 2013
S M T W T F S
1 2 3 4 5 6 7
8 9 10 11 12 13 14
15 16 17 18 19 20 21
22 23 24 25 26 27 28
29 30

JANUARY 2014
S M T W T F S
1 2 3 4 5 6 7
8 9 10 11 12 13 14
15 16 17 18 19 20 21
22 23 24 25 26 27 28
29 30 31

There are 193 school days in 2013. Semester 1 2013 commences for teachers on January 24 and for students on January 29.

STUDENT FREE DAYS
Student free days for teachers to undertake professional development activities are January 24 and 25, and October 21. Schools are able to decide when their three flexible days will be held, as long as they are in the school holidays or out-of-school hours.

PUBLIC HOLIDAYS
Public holidays are set by the Industrial Relations Minister. Public holidays for a local show are not shown due to diversity of dates across the state.

For more information and the latest version of this calendar, visit www.education.qld.gov.au

FINAL DATES FOR STUDENT ATTENDANCE
November 15 is the final date for Year 12 attendance for receipt of a Senior Statement. November 29 is the final date for student attendance in Years 10 and 11.

Some schools in regional, rural and remote areas will close for the Summer holidays on December 6. All other state primary, secondary and special schools will close on December 13.

In 2014, all state schools will re-open for students on January 26.
The information in this calendar was correct at the time of publication (Nov 2012) but may be subject to change.
My Woolworths
Earn & Learn Points

Support your local school
Stick Woolworths Earn & Learn Points in the squares below, then drop your completed Woolworths Earn & Learn Points Sheet into the Collection Box at your school or your local store. They will be redeemed for educational resources.

my name is:

my school is:

Entry to the promotion is open to registered Primary and Secondary schools and eligible Early Learning Centres (ELC) in Australia. Promotional period is from 9th April - 9th June 2018. Speak to your school or ELC to ensure they are registered, or visit woolworths.com.au/earnandlearn and check online. One Woolworths Earn & Learn Point is given for every $10 spent. Excludes purchase of gift cards, tobacco and alcohol. Woolworths Earn & Learn Points will not be accepted by Promoter unless attached to a Points Sheet. Woolworths Earn & Points sheets must be received by the Promoter by the 30th July 2018 for counting. For full set of terms and conditions please visit woolworths.com.au/earnandlearn.